# Multiple Myeloma: Patient Support Resources

**Lodging in Iowa City:**

**Heartland**

Address: 87 2nd St, Coralville, IA 52241 | Phone: (319) 351-8132  
**-$61+tax/night (BMT rate)**  
Contact the SCTCT Social Worker for availability and reservations  
25 item breakfast buffet, Sun-Thurs light evening meal, hardwood floors, microwave and refrigerator in each room  
Shuttle to the hospital – (*2x an hour M-F, 1x an hour Sat/Sun)*

**Hope Lodge**

**-Free, requires reservation by Social Worker**  
1/2 mile from hospital, behind Carver Hawkeye Arena  
Private guest rooms and attached bathrooms  
Free laundry rooms stocked with supplies  
Shuttle (by request from Heartland)

**Link to hospital area hotel/motels & their cost:** [**hotel\_motel\_guide.pdf**](https://www.healthcare.uiowa.edu/marcom/uihc/visitors/hotel_motel_guide.pdf)

#### Support Groups/Information:

* Leukemia & Lymphoma Society
  + <https://www.lls.org/>
* Blood Cancer Support Groups:
  + John Stoddard Cancer Center in Des Moines: 515-241-8505
* <https://www.cancercare.org/>
* American Cancer Society 26/7 Cancer Helpline: *(800) 227-2345*
* Iowa Caner Consortium
  + <https://canceriowa.org/resources/patients-caregivers-survivors/>
* Multiple Myeloma Specific Resources:
  + <https://themmrf.org/>
  + [Myeloma Support Online | myeloma Social Network - MyMyelomaTeam](https://www.mymyelomateam.com/)
  + <https://www.cancerwellness.org/>
  + <https://healthtree.org/myeloma/community/support-groups>
  + <https://www.myeloma.org/support-groups>
  + Amyloidosis Support Groups:
    - [Amyloidosis Support Groups - AmyloidosisSupport.org](https://www.amyloidosissupport.org/)
* Stem Cell Transplant and/or CAR T support:
  + <https://bmtinfonet.org/>

#### For questions regarding grants, lodging or support groups please contact:

#### SCTCT Social Worker: Chantal Dreyer, LMSW, OSW-C 319-467-6224 | Chantal-dreyer@uiowa.edu

# Possible Grants:

* The Bone Marrow & Cancer Foundation’s Lifeline Fund helps to cover the often-overlooked living and ancillary expenses that can present considerable financial obstacles or prohibit the transplant altogether.
  + [Financial Assistance for Cancer Patients - Financial Help - Home](https://bonemarrow.org/)
* LLS Grants:
  + The LLS Patient Aid Program provides financial assistance to blood cancer patients. Eligible patients will receive a **one-time $100 stipend**.
  + [Patient Aid Program | Leukemia and Lymphoma Society](https://www.lls.org/support-resources/financial-support/patient-aid-program)
  + [Copay | We Can Help You Cover Your Treatment Costs | LLS](https://www.lls.org/support-resources/financial-support/co-pay-assistance-program)
  + [Susan Lang Pre CAR T-cell Therapy Travel Assistance Program | Leukemia and Lymphoma Society](https://www.lls.org/support-resources/financial-support/susan-lang-pre-car-t-cell-therapy-travel-assistance-program)
  + [Urgent Need Program | Leukemia and Lymphoma Society](https://www.lls.org/support-resources/financial-support/urgent-need-program) ($500 grant when open, can apply 1x a year)
* NMDP grants to help patients get to and through cell therapy
  + [Patient Financial Assistance Program | NMDP](https://network.nmdp.org/services-support/patient-support/patient-financial-assistance-program)
  + The BMT InfoNet Patient Assistant Fund (PAF) assists patients and caregivers with living expenses during treatment. **Grants are $200. We cannot accommodate larger grant requests.**  
    [**Patient Assistance Fund - Request Form | BMT Infonet**](https://bmtinfonet.org/form/patient-assistance-fund-request-)
* Healthwell Foundation: When health insurance is not enough, we fill the gap by assisting with copays, premiums, deductibles and out-of-pocket expenses for essential treatments and medications.
  + [When health insurance is not enough - HealthWell Foundation](https://www.healthwellfoundation.org/)
* Patient Advocate Foundation's Co-Pay Relief program exists to help reduce the financial distress patients, and their families face when paying for treatment. We believe that no patient should go without life changing medications because they cannot afford them. We are here to help.
  + [**Co-Pay Relief – Patient Advocate Foundation | Co-Pay Relief**](https://copays.org/)
* CancerCare provides limited financial assistance for treatment-related transportation to people affected by cancer. 1-800-813-HOPE (4673)
* [**Cancer | Support Groups, Counseling, Education & Financial Assistance**](https://www.cancercare.org/)
* At the Icla da Silva Foundation, we know what it means to have a loved one suffering from blood cancer. Our mission is to save the lives of patients with diseases whose only cure is a bone marrow transplant by providing financial, emotional, and logistical support to remove barriers to treatment.
  + <https://icla.org/>